

Ellington Senior Center Calendar
February 2009

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm Shaws	EMAT APPTS Bridge 9:00am Nutrition Education & Weight Management Class 11:30am Setback 7:00pm Geisslers	EMAT APPTS HVCC Transit Podiatry Clinic 9:00am Ellington Singers 10:00am Shuffleboard 2:00pm Big Y/Dollar Store	EMAT APPTS Sew & So/Crafts 9:30am Canasta 1:00pm Queen Mary 2 Meeting 3:00pm Price Chopper/Dollar Store	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 2/7/09 Setback @ 7:00 p.m.
9	10	11	12	13
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm Musical Insights 6:00pm Geisslers/Shaws	EMAT APPTS Bridge 9:00am Nutrition Education & Weight Management Class 11:30am Blood Pressure 1:30pm Setback 7:00pm “Out To Lunch” Casey’s – 1:00 pm	EMAT APPTS HVCC Transit Ellington Singers 10:00am Shuffleboard 2:00pm Big Y/Dollar Store	EMAT APPTS Sew & So/Crafts 9:30am Better Age Club 1:00pm Canasta 1:00pm Price Chopper/Dollar Store	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 2/14/09 Setback @ 7:00 p.m.
16	17	18	19	20
CLOSED	NO EMAT APPTS Bridge 9:00am Setback 7:00pm	NO EMAT APPTS HVCC Transit Ellington Singers 10:00am Shuffleboard 2:00pm Luncheon Comedian David Shikes 12:30 pm	NO EMAT APPTS Sew & So/Crafts 9:30am Canasta 1:00pm Memory & Creative Writing 2:00pm Mardi Gras for Dancers 4:00pm (Line, Ballroom/Polka)	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 2/21/09 Setback @ 7:00 p.m.

23	24	25	26	27
EMAT APPTS	EMAT APPTS	EMAT APPTS	EMAT APPTS	NO EMATS
Exercise Class 9:00am Tai Chi 10:30am Volunteers Meeting Kitchen Committee 11:00am Mahjongg 1:00pm Line Dancing 1:30pm Geisslers/Shaws	Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm Movie Matinee Big Y/Walmart	HVCC Transit Ellington Singers 10:00am Shuffle Board 2:00pm “Birthday Lunch” 12:30 pm (Senior Center)	Sew & Sew/Crafts 9:30 am Better Age Club 1:00pm Canasta 1:00pm Volunteers Meeting 2:30pm Planning Programming Meeting 3:00pm Price Rite Plus	Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 2/28/09 Setback @ 7:00 p.m.
				*Note: Schedule subject to change without prior notice
Upcoming Activities		Monthly Features		Reminders
Nutrition Education & Weight Management Classes February 3, 10 (11:30 a.m.) Ellington Senior Center St. Patrick’s Day Lunch – 3/16/09 (12:00pm) St. Patrick’s Luncheon – Kerry Boys (Trip) – 3/13/09 <u>Queen Mary 2 – “Southern Caribbean” (Trip) – 11/30/09</u> ECHN Mammogram Screening – 3/19/09 <u>Evenings</u> Musical Insights – Second & Fourth Monday of month 6:00 pm Cards: Setback – Tuesday & Saturdays 7:00 p.m. Pinochle – Friday at 6:00 p.m.		Ballroom/Polka Social – Friday (1:00pm) Better Age Club – Meetings twice/monthly Blood Pressure Clinic/Diabetic Screen – 2 nd & 4 th Tues of the month (1:30pm) Ellington Singers – Wednesdays (10:00am) Exercise Classes – Mondays (9:00am) Line Dancing – Mondays (1:30pm) Memory & Creative Writing – 3 rd Thursday of month (2:00pm) Musical Insights – 2 nd & 4 th Monday of the Month (6:00pm) Podiatry Clinic – First Wednesday of month (9:00am) Sew & So/Crafts – Thursdays (9:30am) Shuffleboard – Wednesdays (2:00pm) Tai-Chi – Mondays 10:30am (beg); 11:30am (adv) Anna L. Turner MSW– Outreach Municipal Agent		Transportation Line: 870-3137 Hours: 9:00 a.m. – 1:00 p.m. All Information for the upcoming newsletter needs to be into the Directors Office no latter than 3/6/09